

## **First 5 Plumas County Children and Families Commission**

Wednesday, January 9, 2019  
Health/Human Services Annex  
Social Services Conference Room  
270 Hospital Road  
Quincy, CA 95971

### **MEETING MINUTES**

#### **I. Roll Call:**

Chairperson, Rachelle Hines called the meeting to order at 9:05 a.m.  
Commissioners and staff introduced themselves.

**Commissioners Present:** Andrew Woodruff, Rachelle Hines, Kendrah Fredricksen, Colleen Kroll and Lori Simpson

**Commissioners Absent:** Joanne Burgueno

**Staff Present:** Ellen Vieira, Executive Director

#### **II. Approval of October 3, 2018 Minutes-ACTION**

**Motion:** Commissioner Kroll made a motion to approve the minutes of October 3, 2018 as presented. Commissioner Woodruff seconded the motion.  
**Motion carried unanimously.**

#### **III. Fiscal Items**

a. Budget Report FY 18-19-Commission will take action to accept the report.

**Motion:** Commissioner Fredricksen made a motion to accept the Budget Report FY 18-19. Commissioner Kroll seconded the motion. **Motion carried unanimously.**

b. Commission will take action to approve a Budget Transfer in the amount of \$100,000 from the First 5 Trust Fund to the 2018-2019 Operating Budget.

**Motion:** Commissioner Fredricksen made a motion to approve a Budget Transfer from the Trust Fund to the 2018-2019 operating budget. Commissioner Kroll seconded the motion. **Motion carried unanimously.**

c. Commission will take action to approve an augmented budget FY 2018-2019 in the amount of \$657,560.

**Motion:** Commissioner Fredricksen made a motion to approve a new budget FY 18-19 in the amount of \$657,560. Commissioner Simpson seconded the motion. **Motion carried unanimously.**

DISCUSSION: Plumas Rural Services (PRS) has provided a written request for \$100,000 in bridge funding for mental health services. PRS expects to be able to bill Medi-Cal for these services by the spring of 2019.

Director Vieira states the funds for the mental health services will be taken out of the Medi-Cal Administrative Activities (MAA) funds already received this fiscal year. Therefore, this expenditure will not impact the Commission's home visiting services.

- d. Commission will take action on a Service Agreement Contract in the amount of \$100,000 to Plumas Rural Services.

**Motion:** Commissioner Simpson made a motion to approve a Service Agreement Contract in amount of \$100,000 to Plumas Rural Services. Commissioner Fredricksen seconded the motion. **Motion carried unanimously.**

**IV. Public Comment:** None

## **V. Reports**

- a. Director's Report-Director Ellen Vieira reported on the following:
1. Update on CAP Council-The Council still has mini grants available this fiscal year. Please not the CAP Council minutes in the board packet. The minutes are filled with many local updates from PRS, the DA's office, Behavioral Health, etc.
  2. Update on LPC-Brenda Lory, the LPC coordinator reported that the LPC/PCOE applied for and received two grants to enhance the Impact program, specifically incentives to child care/education providers.
  3. Systems Meetings with SEI and First 5 Grantees-Please note the Systems Change Power Point in the board packets. The First 5 home visitors have been working with SEI's Lisa Watson since last fiscal year to build a framework for a more integrated local early childhood service system. The home visitors thought that ZERO TO THREE would be work here for children and families in Plumas County.

In order to ensure that young children and their families are connected to services that match their identified need, the next step is to develop an Identification, Screening, Assessment and Referral process. We also discussed Help Me Grow,

which is a system model and not a stand-alone program that promotes collaboration in order to build effective early childhood systems that mitigate the impact of adversity and support protective factors among families and children.

There are four core components that characterize the Help Me Grow system model. Those are: A centralized access point, family and community outreach supports, child health care provider outreach and data collection that guides quality improvement.

Other rural counties that are in the Systems Planning phase of HMG and have a similar size are Trinity, Mono, Inyo and First 5 Del Norte. Next, Lisa Watson will contact four rural counties that have implemented HMG to conduct key informant interviews. Ellen will report back to the Commission with the results of these interviews.

4. Prop 56 Oral Health Planning and Coalition with PCPHA-Please note the information on the Prop 56 planning in the board packets. The steering committee developed a Coalition Logic Model that includes the Coalition's Goals, Strategies, Short-Term and Long-Term Outcomes and the resulting Health Impact. Currently, the Steering Committee has scheduled the meetings for 2019 and Dana Cash from the Health Department developed outreach materials so that we can engage more community members to attend these meetings. The next Healthy Smiles Oral Health Coalition meeting is scheduled for February 28<sup>th</sup>.
5. High Sierra Parent Conference Planning-Update-The next meeting of the planning group is on Friday, January 11<sup>th</sup>. The date for the Conference is Saturday, March 16<sup>th</sup> in the Mineral Building. The Commission budget allocates from \$1,500-\$2,000 for the event. The CAP Council has also allocated \$4,000 for the conference.
6. Partnership with PCIRC to develop a Diaper Program-Over the holidays, I was contacted by Johanna Downey from PCIRC. Her agency has been serving families that are having a difficult time purchasing diapers. She informed me that the resource centers were running out of the larger sizes especially and she asked if the commission could help. I asked her to go ahead and purchase the diapers and sizes that families need and the commission will cover the cost. We have decided to bring other partners to the table to develop and fund a program to ensure that those families struggling to purchase diapers have other options available.
7. Association and F5CA Updates-First 5 California's Health, Education and Care Summit is scheduled on February 305 2020 in Southern California. If any commissioner would like to attend, please notify Ellen.

b. Commissioner Report(s):

Commissioner Fredricksen reported that there is a CASA training this month in Portola. The new CASA Volunteer Coordinator Casey Pruitt has been trained.

Commissioner Woodruff reported that the Public Health Agency now has an office dedicated to breastfeeding moms. He also reported that key leadership positions are currently being filled by Public Health. A new Division Chief has been hired from Sacramento. Dr. Shadi is a physician and her first day is scheduled for February 4<sup>th</sup>.

Commissioner Simpson reported that the County is in the process of hiring a new County Administrative Officer.

## **VI. Program Development**

a. Interview Committee's Recommendation to the Commission for the Commission's at-large membership of Brenda Lory.

**Motion:** Commissioner Fredricksen made a motion to make a recommendation to the Board of Supervisors for the two-year membership appointment of Brenda Lory. Commissioner Woodruff seconded the motion. **Motion carried unanimously.**

b. Commission will review and re-adopt the First 5 Plumas Budget and Signature Authority Policy.

**Motion:** Commissioner Fredricksen made a motion to Approve and re-adopt the Budget and Signature Policy as presented. Commissioner Woodruff seconded the motion. **Motion carried unanimously.**

## **VII. Public Comment-None**

## **VIII. Next Meeting Dates-There was no changes to the meetings scheduled.**

March 6, 2019 (Quincy) ♦ April 3, 2019 (Quincy)

## **IX. Adjournment**

Chairperson Hines adjourned the meeting at 10:30 am.

Minutes Submitted by: Ellen Vieira, Executive Director