

## Focus Areas

### Improved Family Functioning

Strong Families

Home Visiting Programs utilizing  
the Strengthening Families  
Framework

Daddy's Tool Bag

Mental Health Services

### Improved Child Development

Children Learning and  
Ready for School

Ages and Stages Questionnaires

Early Intervention Program

Early Development Services

### Improved Child Health

Healthy Children

Kit for New Parents

Family First Home Visiting  
Program

### Improved Service Systems

Improved Partnerships that  
support First 5 outcomes

Results/Accountability Evaluation

PUSD's Kindergarten Roundup

For more information contact:

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## Commissioners

Commissioners are responsible for  
governance and  
policy-level decision making.

### Rachelle Hines

Chairperson  
Parent Representative

### Colleen Kroll

Vice-Chair  
Parent Representative

### Joanne Burgueno

Treasurer  
Parent Representative

### Lori Simpson

Plumas County Supervisor

### Andrew Woodruff

Director of Public Health Agency  
Fiscal Administrative Support

### Kendrah Fredricksen

CASA Program Manager





**Vision:** Plumas County children will thrive in supportive, safe, nurturing, and loving environments; enter school healthy and ready to succeed; and become productive, well-adjusted members of society.

**Mission:** First 5 Plumas will provide a comprehensive system of early childhood development services on a countywide basis to all children prenatal to age 5. Through the integration of health care, quality child care, and parent education, children will be provided with the support necessary to ensure that they are healthy, resilient, well adjusted, and ready to succeed when they enter kindergarten.

## **Available Services and Supports Funded by First 5:**

Home Visiting  
Kit for New Parents  
Daddy's Tool Bag  
Mental Health Services (MHSA)  
One-on-one Breastfeeding Support  
ASQ Child Assessments  
School Transition Support  
Kindergarten Roundup  
Developmental Parenting Education

## **Guiding Principles:**

- Focus on policy-level issues & decisions
- Be fair and open in decision making
- Be accountable to the public for achieving planned outcomes
- Rely on research based and proven models
- Develop programs that are culturally competent and linguistically appropriate
- Promote integration of services through local points of access that are convenient for families
- Focus on sustainability
- Leverage funds to maximize community resources and program support
- Respect and value all equally
- Be guided by community input

## **Funded Programs:**

**Family First Home Visiting Program:** Public Health Agency public health nurses provide families who have children ages 0-5 with intensive home visitation and case management services. Nurses also distribute the Kit for New Parents and the Daddy's Tool Bag DVD.

**IMPACT**-Improve and Maximize Programs so All Children Thrive-Contact Plumas Rural Services at 283-4453x815  
Funded by: First 5 California

**\*Mental Health Services:** Plumas Rural Services provides licensed, clinical mental health support services to children ages 0-5 and their families. \*Mental Health services are supported by Mental Health Services Act (MHSA) funding.

**Daddy's Tool Bag:** Being a Dad is the most important job you will ever have. Use the tips and tools found on this DVD to learn to be the best Dad you can be!

**Early Intervention:** A PUSD Special Education Teacher/ Home Visitor works with infants to 3 year olds, who are at risk of having disabilities or developmental delays.

**Early Learning:** Roundhouse Council Indian Education Center in Greenville offers home visitation, weekly child-parent activities, health education, family nights, and cultural events.

**Child Development Services:** A Child Development Specialist provides home visitation, case management, infant massage, child assessments and breastfeeding support. Parents learn the importance of the parent-child bond through respectful and loving touch.