

First 5 CA Annual Report 2017-2018

Contents

Coun	ty Commission Highlights	1
AR1:	Family First	2
AR1:	Roundhouse Council	3
AR1:	Early Childhood Development Specialist	4
AR1:	New Parent Kits	5
AR1:	Kindergarten Roundup	6
AR1:	ECE Facility Grants	7
AR1:	Early Intervention	8
	Total Number of Individuals Served	
AR2:	Systems Change	. 12
	Evaluation Summary	



Social Entrepreneurs, Inc., a company dedicated to improving the lives of people by helping organizations realize their potential developed this report on behalf of the First 5 Plumas Children and Families Commission.



County Commission Highlights

The First 5 Plumas County Children and Families Commission's primary strategy in realizing its vision and fulfilling its mission is through the support of home visiting services. Currently, the Commission funds four direct service grants that provide home visiting services to families (including foster parents) who have children ages 0 - 5. All programs utilize the Strengthening Families™ Protective Factors framework to support and measure success. During 2017-2018, First 5 Plumas County investments in home visiting resulted in the following accomplishments:

Families are engaged in home visiting services.

A total of 106 families were provided with home visiting services. A total of 852 service
contacts were made by home visitors in which 4,237 services were provided. 51 children were
screened using the Ages and Stages Questionnaire (ASQ), while 2 were screened using the
Social Emotional (SE) version of this tool.

Families are stronger as a result of home visiting services.

All of the home visiting programs identify outcomes achievement related to each of the five Strengthening Families™ Protective Factors. In each of the protective factors, there was an increase in parental perception of skills, supports, and knowledge after having received home visiting services.

- 94% of parents agreed that the program has helped them improve their parenting skills.
- 82% of parents agreed that the program has helped them reduce the stress in their life.

Families accessing services report a high level of satisfaction.

The overwhelming majority of parents who completed the questions related to client satisfaction at the end of the Protective Factors survey were very satisfied with the home visiting program.

97% of parents agreed that their overall satisfaction with services was very good <u>and</u> that their ideas and opinions are welcomed and included in the program.



AR1: Family First

Result Area Type:	Improved Family Fund	ctioning	Expenditure	es:	
Service Category:	Intensive Family Supp	oort	Revenue Sc	ource:	
Grantee Type:	County Health & Hum	an Services			
Program Model:	Other: Five Protective	e Factors			
Age				Total	
Children Less Than 3				71	
Children Age Unknown	6 th Birthday wn (birth – 6 th Birthday)			17 6	
Primary Caregivers	wii (biitii – 6 biitiiday)			75	
Other Family Member	ers			9	
Providers					
Total Population Ser	ved			178	
Race/Ethnicity		Children Birth – 6 th Birthday	Primary Caregivers	Other Family Members	Providers
Alaska Native/Ameri	can Indian	3	4	-	-
Asian		-	-	-	-
Black/African-Americ	can	-	-	-	-
Hispanic/Latino		10	10	-	-
Native Hawaiian or C	Other Pacific Islander	-	-	-	-
White		52	53	1	-
Two or More Races		22	8	1	-
Other (Specify)		0	1	-	-
Unknown		7	-	9	-
Total		94	75	9	-
Primary Language		Children Birth – 6 th Birthday	Primary Caregivers	Other Family Members	Providers
English		80	68	-	-
Spanish		7	7	-	-
Cantonese		-	-	-	-
Mandarin		-	-	-	-
Vietnamese		-	-	-	-
Korean		-	-	-	-
Other (Specify)		-	-	-	-
Unknown		7	-	9	-
Total		94	75	9	-



AR1: Roundhouse Council

Result Area Type: Improved Fami	y Functioning	Expenditure	es:		
Service Category: Intensive Famil	y Support	Revenue So	ource:		
Grantee Type: CBO/Non-Profit					
Program Model: Other: Five Pro	tective Factors				
Age			Total		
Children Less Than 3 years old			9		
Children from 3 rd to 6 th Birthday			10		
Children Age Unknown (birth – 6th Bir	thday)		2		
Primary Caregivers Other Family Members			14 18		
Providers			10		
Total Population Served			- 53		
	Children	Primary	Other Family	Duraidana	
Race/Ethnicity	Birth - 6 th Birthday	Caregivers	Members	Providers	
Alaska Native/American Indian	15	10	-	-	
Asian	-	-	-	-	
Black/African-American	-	-	-	-	
Hispanic/Latino	-	-	-	-	
Native Hawaiian or Other Pacific Islar	ider -	-	-	-	
White	1	1	-	-	
Two or More Races	2	2	-	-	
Other (Specify)	1	-	-	-	
Unknown	2	1	18	-	
Total	21	14	18	-	
Primary Language	Children Birth – 6 th Birthday	Primary Caregivers	Other Family Members	Providers	
English	18	13	-	-	
Spanish	-	-	-	-	
Cantonese	-	-	-	-	
Mandarin	-	-	-	-	
Vietnamese	-	-	-	-	
Korean	-	-	-	-	
Other (Specify)	-	-	-	-	
Unknown	3	1	18	-	
Total	21	14	18	-	



AR1: Early Childhood Development Specialist

Result Area Type:	Improved Family Fund	ctioning	Expenditure	es:	
Service Category:	Intensive Family Supp	port	Revenue Sc	ource:	
Grantee Type:	Other: Independent (Consultant			
Program Model:	Other: Five Protective	Factors			
Age				Total	
Children Less Than 3				32	
Children from 3 rd to 6	•			8	
Children Age Unknown Primary Caregivers	n (birth – 6 th Birthday)			2 37	
Other Family Member	<u> </u>			4	
Providers	<u> </u>				
Total Population Serve	ed			83	
Race/Ethnicity		Children Birth – 6 th Birthday	Primary Caregivers	Other Family Members	Providers
Alaska Native/Americ	an Indian	-	1	-	-
Asian		-	-	-	-
Black/African-America	an	-	-	-	-
Hispanic/Latino		2	3	-	-
Native Hawaiian or Ot	ther Pacific Islander	-	-	-	-
White		29	26	-	-
Two or More Races		8	3	-	-
Other (Specify)		-	-	-	-
Unknown		3	4	4	-
Total		42	37	4	-
Primary Language		Children Birth – 6 th Birthday	Primary Caregivers	Other Family Members	Providers
English		35	32	-	-
Spanish		1	2	-	-
Cantonese		-	-	-	-
Mandarin		-	-	-	-
Vietnamese		-	-	-	-
Korean		-	-	-	-
Other (Specify)		-	-	-	-
Unknown		6	3	4	-
Total		42	37	4	-



AR1: New Parent Kits

Result Area Type:	Improved Family Fundament	ctioning	Expenditure	es:		
Service Category:	General Family Suppo	ort	Revenue Sc	ource:		
Grantee Type:	County Health & Hum	nan Services				
Program Model:	Other: New Parent K	it Distribution				
Age		Total				
Children Less Than 3				-		
Children from 3 rd to				-		
_	wn (birth – 6 th Birthday)			-		
Primary Caregivers Other Family Member	arc			51		
Providers Providers				_		
Total Population Ser	ved			51		
Race/Ethnicity		Children Birth – 6 th Birthday	Primary Caregivers	Other Family Members	Providers	
Alaska Native/Ameri	ican Indian	-	-	-	-	
Asian		-	-	-	-	
Black/African-Americ	can	-	-	-	-	
Hispanic/Latino		-	-	-	-	
Native Hawaiian or C	Other Pacific Islander	-	-	-	-	
White		-	-	-	-	
Two or More Races		-	-	-	-	
Other (Specify)		-	-	-	-	
Unknown		-	51	-	-	
Total		-	51	-	-	
Primary Language		Children Birth – 6 th Birthday	Primary Caregivers	Other Family Members	Providers	
English		-	-	-	-	
Spanish		-	-	-	-	
Cantonese		-	-	-	-	
Mandarin		-	-	-	-	
Vietnamese		-	-	-	-	
Korean		-	-	-	-	
Other (Specify)		-	-	-	-	
Unknown		-	51	-	-	
Total		-	51	-	-	



AR1: Kindergarten Roundup

Result Area Type:	Improved Child Devel	opment	Expenditure	es:		
Service Category:	Early Learning Progra	ms	Revenue Sc	ource:		
Grantee Type:						
Program Model:	Summer Programs					
Age			Total			
Children Less Than				-		
Children Age Unknown	6 th Birthday wn (birth – 6 th Birthday)			120		
Primary Caregivers	wir (birtii – o birtiiday)			<u>-</u>		
Other Family Member	ers			-		
Providers				-		
Total Population Ser	ved			120		
Race/Ethnicity		Children Birth – 6 th Birthday	Primary Caregivers	Other Family Members	Providers	
Alaska Native/Amer	ican Indian	-	-	-	-	
Asian		-	-	-	-	
Black/African-Ameri	can	-	-	-	-	
Hispanic/Latino		-	-	-	-	
Native Hawaiian or 0	Other Pacific Islander	-	-	-	-	
White		-	-	-	-	
Two or More Races		-	1	-	-	
Other (Specify)		-	1	-	-	
Unknown		120	-	-	-	
Total		120	-	-	-	
Primary Language		Children Birth – 6 th Birthday	Primary Caregivers	Other Family Members	Providers	
English		-	-	-	-	
Spanish		-	-	-	-	
Cantonese		-	-	-	-	
Mandarin		-	•	-	-	
Vietnamese		-	•	-	-	
Korean		-	•	-	-	
Other (Specify)		-	·	-	-	
Unknown		120	-	-	-	
Total		120	-	-	-	



AR1: ECE Facility Grants

Result Area Type:	Improved Child Devel	opment	Expenditure	es:		
Service Category:	Quality Early Learning	Supports	Revenue So	ource:		
Grantee Type:	Child Care Centers					
Program Model:	Other: Business Sup	ports				
Age			Total			
Children Less Than 3				-		
Children from 3rd to 6				-		
Primary Caregivers	vn (birth – 6 th Birthday)			-		
Other Family Membe	ers			<u> </u>		
Providers				3		
Total Population Serv	ved			3		
Race/Ethnicity		Children Birth – 6 th Birthday	Primary Caregivers	Other Family Members	Providers	
Alaska Native/Americ	can Indian	-	-	-	-	
Asian		-	-	-	-	
Black/African-Americ	can	-	-	-	-	
Hispanic/Latino		-	-	-	-	
Native Hawaiian or O	ther Pacific Islander	-	-	-	-	
White		-	-	-	3	
Two or More Races		-	-	-	-	
Other (Specify)		-	-	-	-	
Unknown		-	-	-	-	
Total		-	1	-	3	
Primary Language		Children Birth – 6 th Birthday	Primary Caregivers	Other Family Members	Providers	
English		-	1	-	3	
Spanish		-	-	-	-	
Cantonese		-	-	-	-	
Mandarin		-	•	-	-	
Vietnamese		-	-	-	-	
Korean		-	-	-	-	
Other (Specify)		-	-	-	-	
Unknown		-	-	-	-	
Total		-	-	-	3	



AR1: ECE Facility Grants

Result Area Type:	Improved Child Devel	opment	Expenditure	es:		
Service Category:	Quality Early Learning	g Supports	Revenue So	ource:		
Grantee Type:	Family Child Care					
Program Model:	Other: Business Sup	ports				
Age			Total			
Children Less Than 3				-		
Children from 3rd to				-		
Primary Caregivers	vn (birth – 6 th Birthday)			<u>-</u>		
Other Family Member	ers					
Providers	<u></u>			20		
Total Population Ser	ved			20		
Race/Ethnicity		Children Birth – 6 th Birthday	Primary Caregivers	Other Family Members	Providers	
Alaska Native/Ameri	ican Indian	-	-	-	-	
Asian		-	-	-	-	
Black/African-Americ	can	•	1	-	-	
Hispanic/Latino		-	1	-	-	
Native Hawaiian or C	Other Pacific Islander	-	1	-	-	
White		-	-	-	-	
Two or More Races		-	-	-	-	
Other (Specify)		-	-	-	-	
Unknown		-	-	-	-	
Total		-	-	-	-	
Primary Language		Children Birth – 6 th Birthday	Primary Caregivers	Other Family Members	Providers	
English		-	-	-	20	
Spanish		-	-	-	-	
Cantonese		-	-	-	-	
Mandarin		-	-	-	-	
Vietnamese		-	-	-	-	
Korean		-	-	-	-	
Other (Specify)		-	-	-	-	
Unknown		-	-	-	-	
Total		-	-	-	20	



AR1: ECE IMPACT Sites

Result Area Type:	Improved Child Devel	opment	Expenditure	es:		
Service Category:	Quality Early Learning	§ Supports	Revenue Sc	ource:		
Grantee Type:	Child Care Centers/Fa	amily Child Care				
Program Model:	Other: Business Supp	ports				
Age			Total			
Children Less Than 3				-		
Children from 3rd to	ьн вітпаау vn (birth – 6th Birthday)	1		-		
Primary Caregivers	Wir (Birdi O Birdiday)					
Other Family Member	ers			-		
Providers				35		
Total Population Ser	ved			35		
Race/Ethnicity		Children Birth – 6 th Birthday	Primary Caregivers	Other Family Members	Providers	
Alaska Native/Ameri	ican Indian	-	-	-	-	
Asian		-	-	-	-	
Black/African-Americ	can	•	1	-	-	
Hispanic/Latino		-	1	-	-	
Native Hawaiian or C	Other Pacific Islander	-	1	-	-	
White		-	-	-	-	
Two or More Races		-	-	-	-	
Other (Specify)		-	-	-	-	
Unknown		-	-	-	35	
Total		-	-	-	35	
Primary Language		Children Birth – 6 th Birthday	Primary Caregivers	Other Family Members	Providers	
English		-	-	-	35	
Spanish		-	-	-	-	
Cantonese		-	-	-	-	
Mandarin		-	-	-	-	
Vietnamese		-	-	-	-	
Korean		-	-	-	-	
Other (Specify)		-	-	-	-	
Unknown		-	•	-	-	
Total		-	-	-	35	



AR1: Early Intervention

Result Area Type:	Improved Child Healt	h	Expenditure	es:	
Service Category:	Early Intervention		Revenue Sc	ource:	
Grantee Type:	County Office of Educ	ation/School Distric	et		
Program Model:	Other: Early Interven	tion Supports			
Age				Total	
Children Less Than 3				9	
Children from 3rd to Children Age Unknown	6 th Birthday wn (birth – 6 th Birthday)			<u>1</u> 2	
Primary Caregivers	wii (birtii – bii birtiiday)			11	
Other Family Member	ers			-	
Providers				-	
Total Population Ser	ved			23	
Race/Ethnicity		Children Birth – 6 th Birthday	Primary Caregivers	Other Family Members	Providers
Alaska Native/Ameri	can Indian	-	-	-	-
Asian		-	-	-	-
Black/African-Americ	can	1	1	-	•
Hispanic/Latino		1	2	-	•
Native Hawaiian or C	Other Pacific Islander	-	-	-	-
White		7	6	-	•
Two or More Races		1	-	-	-
Other (Specify)		-	-	-	-
Unknown		3	3	-	-
Total		12	11	-	-
Primary Language		Children Birth – 6 th Birthday	Primary Caregivers	Other Family Members	Providers
English		7	6	-	-
Spanish		1	2	-	-
Cantonese		-	-	-	-
Mandarin		-	-	-	-
Vietnamese		-	-	-	-
Korean		-	-	-	-
Other (Specify)		-	-	-	-
Unknown		4	3	-	-
Total		12	11	-	-



AR2: Total Number of Individuals Served

Age				Total	
Children Less Than 3 year	s old			92	
Children from 3 rd to 6 th Bir			146		
Children Age Unknown (bi			12		
Primary Caregivers				106	
Other Family Members				26	
Providers				23	
Total Population Served					
Race/Ethnicity		Children Birth – 6 th Birthday	Primary Caregivers	Other Family Members	Providers
Alaska Native/American Ir	ndian	17	12	-	-
Asian		-	-	-	-
Black/African-American		-	-	-	-
Hispanic/Latino		11	12	-	-
Native Hawaiian or Other	Pacific Islander	-		-	23
White		63	65	-	-
Two or More Races		23	10	-	-
Other (Specify)		1	-	-	-
Unknown		135	7	26	-
Total		250	106	26	23
Primary Language		Children Birth – 6 th Birthday	Primary Caregivers	Other Family Members	Providers
English		105	92	-	23
Spanish		7	8	-	-
Cantonese		-	-	-	-
Mandarin		-	-	-	-
Vietnamese		-	-	-	-
Korean		-	-	-	-
Other (Specify)		1	-	-	-
Unknown		137	6	26	-
Total		250	106	26	23
Degree of Duplication (0-1	LOO%)	10%			
Confidence in Data:	☐ Not Sure ☐	☐ Somewhat Confiden	t 🛛 Moderate	ly Confident 🗆	Very Confident
Additional Details:	children and fan not require that Kindergarten Ro we believe that a	unty has a data system to collect and report on unduplicated counts for en and families served through its primary investment of Home Visiting. It does quire that level of data management for its smaller investments to include the garten Roundup program and families receiving New Parent Kits. Given that, ieve that actual unduplicated counts are within 10% of the figures on the AR-2, ng the actual unduplicated counts may be up to 10% higher or lower.			



AR2: Systems Change

Result Type Improved Systems of Care

Service Type Program and Systems Improvement

Who was the primary target population for these efforts? (500 characters maximum)

First 5 Plumas is required to evaluate the effectiveness of its program investments, and as such, respond to evaluation results where there are opportunities to better serve families and young children ages birth through 5. In the First 5 Plumas Evaluation Report for FY 2016-2017, a recommendation was made to establish a "truly integrated service delivery strategy." In response to this recommendation, representatives from First 5 Plumas's Home Visiting grantee programs, including the Early Childhood Development Specialist, the Early Childhood Intervention Specialist, Families First, and the Roundhouse Council, undertook a process to improve systems serving young children and their families and increase service integration between providers.

What were the type of services provided? (500 characters maximum)

Three facilitated meetings were hosted by First 5 Plumas County in which:

- An assessment was conducted regarding service deployment strategies
- Actions were identified to help strengthen the home visiting system serving families
- Efforts were supported to develop policies and procedures as well as tools to assist home visitors serve families in a more targeted fashion
- A service integration framework was identified for use

What was the intended result of the service? What was the community impact of the service? (1,000 characters maximum)

The intended result of these efforts included:

- Home visitors have a shared understanding of service delivery amongst partner home visiting programs
- Home visitors identify opportunities to strengthen partnerships and service integration
- Home visitors have a standardized approach to conducting developmental screenings
- Families receive targeted assistance that helps them achieve strong family functioning



AR3: Evaluation Summary

Evaluation Activities Completed

Provide a description of the evaluation activities completed during the fiscal year.

(4,000 characters maximum)

In 2017-2018, First 5 Plumas County worked with their evaluation consultant to complete the following evaluation efforts:

- SEI tracked data collection efforts on a quarterly basis and provided programs with information to assist them in understanding data collection gaps and solutions.
- SEI hosted quarterly coordination calls with programs to identify shared clients, determine who best to collect necessary outcomes data, and offer an opportunity to provide joint case conferencing.
- SEI facilitated a systems change effort with home visiting programs aimed at developing a shared understanding of service delivery deployment, establishing a standardized approach to completing developmental screenings, and advancing integration efforts.
- Developed both mid-term and annual evaluation reports for the Home Visiting Program.
- Completed First 5 California Annual Reporting Requirements.

Evaluation Findings Reported

Provide a description of the evaluation findings reported during the fiscal year.

(4,000 characters maximum)

The Commission's primary strategy in realizing its vision and fulfilling its mission is through the support of home visiting services. Currently, the Commission funds four direct service grants that provide home visiting services to families (including foster parents) who have children ages 0 - 5. All programs utilize the Strengthening Families™ framework to support and measure success. Highlights of evaluation findings are provided below.

Families are engaged in home visiting services.

- A total of 106 families were provided with home visiting services.
 - Compared to 82 families served in FY 2016-2017.
- A total of 852 service contacts were made by home visitors in which 4,237 services were provided.
 - Compared to 599 contacts in which 3,320 services were provided in FY 2016-2017.
- 283 referrals to other community resources were provided to families through home visiting programs.
 - Compared to 288 referrals provided in FY 2016-2017.
- 97% of parents surveyed agreed that they had received the assistance they needed. .
 - Compared to 100% in FY 2016-2017.

Children are receiving developmental screenings.

To ensure that children receive early screening and intervention for developmental delays and other special needs, three of the four home visiting programs utilize the Ages and Stages Questionnaire (ASQ).

• 51 children were screened using the Ages and Stages Questionnaire (ASQ). A majority of children's development were on schedule. Areas in which children are most at risk for delay are in communication and fine motor skills.



Families are stronger as a result of home visiting services.

Home visiting programs funded by First 5 Plumas County Children and Families Commission utilize the research-based Strengthening Families Protective Factors framework as a theoretical approach to serving families as well as a system to measure outcomes. Each of the home visiting programs utilize the Protective Factors survey tool to identify outcomes achievement related to each of the five protective factors which include; 1) concrete support in times of need, 2) knowledge of parenting and child development, 3) social connections, 4) parental resilience, and 5) children's social and emotional security.

The Protective Factors survey measured participant outcomes through retrospective survey questions and open-ended customized questions. In each of the protective factors, there was an increase in parental perception of skills, supports, and knowledge after having received home visiting services.

- Concrete support in times of need: Pre-service score of 60.7%, Post-service score of 94.0%
- Knowledge of parenting/child development: Pre-service score of 76.2%, Post-service score of 97.6%
- Social connections: Pre-service score of 82.5%, Post-service score of 100%
- Parental resilience: Pre-service score of 81.7%, Post-service score of 96.3%
- Children's social and emotional security: Pre-service score of 83.3%, Post-service score of 100%
- 97% of parents agreed that the program has helped them improve their parenting skills.
- 82% of parents agreed that the program has helped them reduce the stress in their life.

Families accessing services report a high level of satisfaction.

Successful programs work closely with parents and families to provide services that meet the unique needs of each family by integrating participant feedback into program planning. To solicit participant feedback, each home visiting program collected client satisfaction information at the end of the Protective Factors survey. The overwhelming majority of parents who completed the questions related to client satisfaction at the end of the Protective Factors survey (N=36) were very satisfied with the home visiting program.

- 97% of parents agreed that their impression and interaction with staff has been positive.
- that their overall satisfaction with services was very good.
- 97% of parents agreed that their ideas and opinions are welcomed and included in the program.

Policy Impact of Evaluation Results

Describe the policy impact of the evaluation results.

(3,000 characters maximum)

First 5 Plumas County is satisfied with the outcomes associated with home visiting services and as such, intends to continue its support for this approach. Based on last year's evaluation results, the commission funded a systems change effort aimed at increasing service integration between providers.

Over a series of three meetings, representative from each of the First 5 Plumas home visiting programs identified opportunities to strengthen their approach to serving families through home visiting. These efforts are summarized below:

- Identified overlaps and gaps in current service deployment strategies. Home visiting programs
 met to discuss each phase of the home visiting service deployment, identifying opportunities for
 improvement.
- Developed a standardized developmental screening schedule across programs based on best practices. Home visiting programs identified the need to develop a standardized schedule for



administration of the ASQ and ASQ;SE. Programs reviewed various national and state recommendations regarding the administration of developmental screenings. Based on this review and an assessment of home visiting service deployment efforts, a schedule was developed using a combination of approaches from the University of Davis Implementing Ages and Stages Screening Tools in Child Welfare Services and the Head Start Policy and Regulations framework.

- Developed materials and tools to further program outreach efforts and improve case management and data collection. These materials and tools include:
 - Two outreach flyers, one to target parents and one to target other providers in the community. The flyer for providers includes a referral form to the home visiting programs on the back side.
 - o Client self-assessment form: This form asks clients to select up to three areas or needs for which they would like their home visitor's help.
 - Goals sheet: Designed to assist home visitors in identifying up to three goals based on the client's previously self-identified needs, the sheet helps home visitors connect each goal to the Strengthening Families Protective Factors and outline steps and resources needed to achieve each goal.
- Reviewed potential service integration frameworks and selected the ZERO TO THREE
 Comprehensive Integrated Early Childhood Systems framework as that best suited for
 providers in Plumas County. Providers gathered to review potential best-practice service
 integration frameworks from the National Academies Institute of Medicine, SAMHSA's Center for
 Integrated Healthcare Solutions and Zero to Three Integrated Early Childhood Systems. Through the
 course of the review and a follow up discussion in March 2018, First 5 Plumas' home visitors agreed
 that the framework for Comprehensive Integrated Early Childhood Systems developed by ZERO TO
 THREE would best serve children and families in Plumas County.